**WINTER CLASSES**

**PSYC 70: Research Methods**  (Metusalem)
M/W/F 11:00-11:50 am  PRICE THRE  
Prerequisite: Approved Statistics

**PSYC 105: Cognitive Psychology**  (Lowe)
M/W/F 4:00-4:50 pm  CENTR 101  
Upper Division Standing required

**PSYC 153: Psychology of Emotion**  (Harris)
M/W/F 3:00-3:50 pm  SOLIS 107  
Upper Division Standing required

**PSYC 188: Impulse Control Disorders**  (George)
T/Th 6:30-7:50 pm  YORK 2722  
Upper Division Standing required

Contact Psychology Advising through the Virtual Advising Center for enrollment authorization.

**BRAND NEW NEUROSCIENCE MAJOR**

Effective Winter 2016, the Psychology Department has added a ninth major choice to our offerings. In addition to the general Psychology B.A. and B.S. majors and the B.S. majors with Specializations, we are now offering a Cognitive and Behavioral Neuroscience major in partnership with the Cognitive Science Department!

This unique major will blend perspectives of neuroscience from both Cognitive Science and Psychology, and advising will be available in both departments. It requires a special set of courses from both departments, and students must earn grades of C- or better in all courses used toward major requirements.

Unlike our other Psychology majors, the Cognitive and Behavioral Neuroscience major requires both a full year of Calculus and a Research Methods course, as well as COGS 17 (Neurobiology of Cognition, a required Natural Science class). In addition, Cognitive and Behavioral Neuroscience requires that students take at least one Upper Division class outside of the Department of Psychology (COGS 107A, Neuroanatomy and Physiology, a required CBN Core class).

For more information about the Cognitive and Behavioral Neuroscience major, including specific course requirements, see the Psychology Department website.

**CONTACT US**

**Walk-in Advising:**  
Monday-Thursday 9-11am, 1-3pm  
Mandler Hall, Room 1533

**Virtual Advising:**  
http://vac.ucsd.edu  
Please allow up to 2 business days for response.

**Telephone Advising:**  
(858) 534-3001

Please have your Student ID number ready and be prepared to ask specific questions!
According to new research published in the journal Basic and Applied Social Psychology, envy is an emotion most of us feel fairly regularly. Around eighty percent of people younger than 30 in a study conducted by Dr. Chris Harris and Psychology graduate student Nicole Henniger had felt envious within the last year.

Interestingly, there appears to be a correlation between age and feelings of envy, as reports of envy in participants aged 50 and over declined significantly.

According to the study, envy is most often directed at individuals of the same gender, who are within about five years of the respondent’s own age. In other words, a young female is likely to envy another young female, and much less likely to envy an older male, even regarding domains like financial or career success.

Young people most frequently envied each other’s looks and perceived success in romance, while participants over the age of 30 most often envied monetary and occupational success. Interestingly, there were very few gender differences in the reported data, with the exception of envying occupational success (more often experienced by males) and looks (more often experienced by females).

**Kristi MacKenzie**

Kristi is from Michigan but has also lived in Chicago, Indianapolis, Mississippi and Las Vegas. She earned her B.A. in Psychology from Saginaw Valley State (MI) and M.Ed. from the University of Southern Mississippi. Kristi enjoys traveling (US and abroad), spending time with family & friends, hiking, being on the water, watching college football (Go Blue!), pro-football and hockey as well as visiting the dog beach with her sledding dog, Vixen.

**Michelle Moreno, Peer Advisor**

Michelle is currently a second year Applied Mathematics student from Sixth College. She enjoys playing volleyball, eating kale and doing math problems for fun. On weekends, you can probably find her at the beach playing her ukulele.

**Elisa Suter**

A graduate of UCSD (Warren College, Communication) and UCSD Extension (Event Management and Copyediting), Elisa worked off-campus for a while, but has been part of the UCSD Psychology advising team since 2011. A fan of board games, cooking, and gardening, Elisa can be found most weekends chasing after her toddler!
SONA: EXPERIMENTAL SUBJECT PARTICIPATION

Participants in SONA have the opportunity to make an important contribution to the research community in our department and/or the UCSD campus at large. Students enrolled in various Psychology, Cognitive Science, and Linguistics courses have the opportunity to serve as experimental subjects.

As a participant, your time is as valuable as the researcher’s. All participants are expected to behave in a professional manner, show up on time, and provide notice to researchers if you need to cancel your appointment. You can expect all researchers and PI’s to respect your time, describe the research you are contributing to, and award your credit within 24 hours.

VERY IMPORTANT: Once you have accumulated TWO unexcused no-shows during one quarter, you will be limited in the studies available to you through SONA. Your account may remain active, but no studies will appear to be available. If this happens to you, you will need to ask your instructor if you have any other research participation options at that point. Instructors are not required to accommodate your request once two unexcused no-shows have been accumulated. For more information on SONA please check out the SONA page on UCSD’s Psychology Department website.

PSI CHI: PSYCHOLOGY HONOR SOCIETY

Psi Chi (ΨΧ) is the International Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology. With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States. Psi Chi has inducted over 500,000 members from chapters in the United States and Canada. Members include B.F. Skinner, Philip Zimbardo, Dr. Phil, and Hugh Hefner. Membership is an earned honor which is for life. It may be used for reference purposes such as for graduate school and job applications. Members have the opportunity to present research at scientific meetings, and to participate in competitions.

Psi Chi is a part of the Association of College Honor Societies and is an affiliate of the American Psychological Association (APA) and the Association for Psychological Science (APS).

Psi Chi meetings are Thursdays at 6:30 pm in McGill 1350. Visit the UCSD Psi Chi website for more details and keep your eyes peeled for a monthly Psi Chi newsletter too!

RESEARCH METHODS

Psychology students have a new way to meet their Formal Skills requirement, while gaining experience critical to graduate school success. Consider enrolling in the brand new PSYC 70: Research Methods course this quarter!

PRE-MEDICAL WORKSHOPS

Are you interested in a career in healthcare? The Career Services Center has released this list of pre-med workshops for Winter 2016. Register for the workshops on Port Triton.

- Pre-Med at UCSD
  Friday, January 8, 2:00-3:00 pm

- Health School Interviews: Prep & Practice
  Monday, January 11, 3:00-4:30 pm

- Pre-Pharmacy at UCSD
  Friday, January 15, 2:00-3:00 pm

- Pathways Into Nursing
  Thursday, January 21, 3:30-4:30 pm

- Post-Bac Pre-Med Programs
  Tuesday, January 26, 2:00-3:00 pm

- International Medical Schools
  Tuesday, February 9, 3:30-5:00 pm

- Applying to Medical School for 2017
  Thursday, February 25, 2:00-3:30 pm

All workshops will be held in the Career Services Center Horizon Room.

UPDATE YOUR MAJOR!

The Psychology Department went through a major curriculum overhaul during the past year, and started offering eight new majors during Fall 2015. A ninth has been added effective Winter 2016 (see page 1). If you are a continuing student who entered UC San Diego during Fall 2014 or before, you have the option to switch your major requirements to updated ones.

Students who wish to stay in the general Psychology B.S. major will need to have their degree audits manually updated by Psychology Advising (you can do this via VAC message), but most other students should be able to change their major on TritonLink. Double majors will need to fill out new Double Major Petition forms. Students will not be able to switch into either of the discontinued majors from an updated major.

Why should you consider this option? Quite simply, the updated major requirements are a benefit to almost every student. If you have any questions at all about whether the requirement change would benefit you, contact Psychology Advising via the Virtual Advising Center.

New majors as of Fall 2015 should check their major requirements too, since any student who entered this fall and has not yet chosen a major for themselves was automatically made a General Psychology B.S. This may not be the major of your choice, so check your Degree Audit!