WELCOME NEW STUDENTS!

We’re pleased to welcome this year’s new Freshmen and Transfer Students to the UCSD Psychology Department! Whether it’s your first quarter here or your last year, you will find a host of resources to assist you with your career as a UCSD student. We have planned a year full of opportunities designed to broaden your educational experience and help you prepare for your future, and we look forward to sharing our knowledge with you. For more information about our majors, classes, and opportunities to get involved, visit our website; we encourage you to keep an eye on our calendar!

Please don’t hesitate to ask questions and look for answers; we look forward to helping you!

FALL ADVISING WORKSHOPS

Register online for our upcoming workshops!

- Psychology Department Orientations
  Tuesday, September 26, 9:10:30 am, CSB 001
  Friday, September 29, 9:10:30 am, McGill 1350

- Study Abroad:
  University of Sussex School of Psychology
  Tuesday, October 10, 10-11:00 am, Mandler 1507

- How to Study Less and Remember More
  Thursday, October 12, 2-3:00 pm, Mandler 3545

- Pathways to PhDs
  Thursday, October 19, 6:30-8:00 pm, Cross Cultural Center Comunidad Room

- Honors Program Information Sessions
  Tuesday, October 24, 1-1:45 pm, Mandler 1539
  Wednesday, November 8, 9-9:45 am, Mandler 3545

- Study Abroad for Psychology Students
  Thursday, November 16, 10-11:00 am, Mandler 3545

PSYCHOLOGY HONORS PROGRAM

Are you considering graduate school or a professional program? Are you interested in conducting original research? Apply for the Psychology Honors Program!

Conduct your own research project, learn to manage a project from beginning to end, get to know advising faculty, and gain an advantage for admission into graduate schools. For more information, come by the department and check out the website!

Applications are available online and are due November 16th!

HOT FALL CLASSES

PSYC 105: Cognitive Psychology (Geller)
W 5:00-7:50 pm CENTR 115
Upper Division Standing required

PSYC 134: Eating Disorders (Kaye)
W 5:00-7:50 pm SOLIS 107
Upper Division Standing required

PSYC 168: Psychological Disorders of Childhood (Lacefield)
T/Th 5:00-6:20 pm CENTR 101
Upper Division Standing required

PSYC 188: Impulse Control Disorders (George)
T/Th 6:30-7:50 pm WLH 2005
Upper Division Standing required

PSYC 193: Psychology of Prejudice (Willis)
MWF 3:00-3:50 pm MNDLR 1539
Upper Division Standing required

Contact Psychology Advising through the Pre-Authorization Tool for enrollment authorization.

CONTACT US

Walk-in Advising:
Monday-Thursday 9-11am, 1-3pm
Mandler Hall, Room 1533

Virtual Advising:
http://vac.ucsd.edu
Please allow up to 2 business days for response.

Telephone Advising:
(858) 534-3001

Please have your Student ID number ready and be prepared to ask specific questions!
**Psi Chi: Psychology Honor Society**

 Psi Chi (ΨΧ) is the International Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology. With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States. Membership is an earned honor which is for life. It may be used for reference purposes for graduate school and job applications. Members have the opportunity to present research at scientific meetings and participate in competitions.

 Psi Chi is a part of the Association of College Honor Societies and is an affiliate of the American Psychological Association (APA) and the Association for Psychological Science (APS).

 Psi Chi meetings are Thursdays at 6:30 pm in McGill 1350. The first General Body Meeting will be October 5.

---

**Active Minds @ UCSD**

 Active Minds is a non-profit, student-run mental health awareness, education and advocacy organization seeking to promote awareness about and alleviate the stigma associated with mental health issues. Their mission is to provide resources and education to people regarding mental health and to advocate for mental health causes through partnership and action. They are affiliated with the national Active Minds organization headquartered in Washington, DC. Join Active Minds@UCSD by emailing activeminds@ucsd.edu or going to their website.

 Active Minds meetings are select Thursdays at 5 pm in Mandler 1539. Their first General Body Meeting will be October 5.

---

**SONA: Experimental Subject Participation**

 Participants in SONA have the opportunity to make an important contribution to the research community in our department and/or the UCSD campus at large. Students enrolled in various Psychology, Cognitive Science, and Linguistics courses have the opportunity to serve as experimental participants.

 As a participant your time is as valuable as the researcher's. All participants are expected to behave in a professional manner, show up on time and provide notice to researchers if you need to cancel your appointment. You can expect all researchers and PI's to respect your time, describe the research you are contributing to and award your credit within 24 hours.

 **VERY IMPORTANT:** Once you have accumulated TWO unexcused no-shows during one quarter, you will be limited in the studies available to you through SONA. Your account may remain active, but no studies will appear to be available. If this happens to you, you will need to ask your instructor if you have any other research participation options at that point. Instructors are not required to accommodate your request once two unexcused no-shows have been accumulated. For more information on SONA please check out the SONA page on UCSD's Psychology Department website.

---

**Research Spotlight**

*You Seem Happy...*

Psychologists have demonstrated over and over that our brains like familiar things. The “mere exposure” phenomenon, as it is called, shows that we find things we’re familiar with more attractive than things we have never seen before.

Dr. Evan Carr, recent graduate of UC San Diego’s graduate program in Psychology, took it a step further in his recent paper, co-authored with Dr. Tim Brady and Dr. Piotr Winkielman, faculty members in our department. He demonstrates through his research that familiarity with a person’s face affects our perception of positive emotions shown on the face later.

Study participants were first asked to track the color and number of squares appearing randomly on a computer screen; below those squares were a series of images of faces with neutral expressions. This gave participants exposure to the faces in a less explicit way.

Later in the experiment, participants were shown a series of paired faces (one made familiar to them through the previous task and one brand new), and asked to identify the happier of the two. The faces in the experiment were digitally manipulated to display traits that were more angry or happy. Participants were more likely to rate familiar faces with neutral or happy expressions as happy. Unfamiliar faces with similar expressions were less likely to be rated as happy. The results were replicated in a similar experiment where participants viewed faces one by one.

The conclusion the researchers drew was that familiar faces actually seemed happier to participants, influencing the perception of the emotion they portrayed. So if you think that person is smiling at you from across the room, it could be that you've just seen them somewhere before.
ACADEMIC INTERNSHIPS

Did you know that you can use one Academic Internship toward your Psychology major or minor requirements?

Internships must be taken for credit through the Academic Internship Program (AIP 197) and be approved by the Psychology Department in advance. Internship approval procedures can be found on our website.

To discuss opportunities to participate in an internship and earn academic credit, contact the AIP Office.

WI 2018 AIP Deadline: December 8, 2017

Are you considering graduate study in Psychology? Feeling confused or overwhelmed about your choices? Not sure what is the best fit for you? Check the Career Center to sign up for an appointment or to look at upcoming events and workshops!

Fall Quarter Fairs:
• Science & Technology Career Fair
  October 11 (9:30 am - 2:30 pm)
• Triton Fall Career Fair
  October 12 (10:00 am - 2:30 pm)
• Graduate & Professional School Fair
  October 18 (10:30 am - 2:30 pm)

SKEPTICISM IN SCIENCE WORKSHOP

Skepticism and Open-mindedness in Science

Pseudoscience is very harmful to society, but is it sometimes a by-product of scientific creativity? How should we balance gullibility and cynicism?

These questions and others will be addressed by Michael Shermer, David Brin, V.S. Ramachandran, Jamy Ian Swiss, Ashely Landrum, Craig Callender, Sheldon Brown, and Ken Wharton. All are welcome at this free public workshop organized by UC San Diego faculty.

Friday, October 6, 2017, 9:30 am to 5:00 pm
The Village 15A, UC San Diego

For more information, visit the event website: http://ccalldenger7.wixsite.com/mysite/skepticism

COMMUNITY CENTERS

UC San Diego seeks to provide spaces to facilitate interactive learning, promote self-awareness, foster leadership development, encourage dialogue, and challenge traditional notions of diversity, in an effort to build and sustain a socially just campus climate. Undergraduates are encouraged to participate in events and workshops offered by all six community centers, regardless of their own backgrounds. Please visit: the Black Resource Center, the Cross-Cultural Center, the Inter-Tribal Resource Center, the Lesbian Gay Bisexual Transgender Resource Center, the Raza Resource Centro, and the Women's Center.
WANT TO STUDY ABROAD?

Psychology majors and minors: earn credit in your major or minor for classes taken abroad!

We’ll be hosting the Study Abroad for Psychology Students Workshop on Thursday, November 16 from 10-11:00 am in Mandler 3545. We will also be hosting the University of Sussex School of Psychology on Tuesday, October 10 from 10-11:00 am in Mandler 1507 for a discussion about their Summer 2018 programs.

Register on our website; find out more from the Study Abroad Office!

CARE @ SARC

CARE at SARC is a free and confidential counseling and advocacy resource available to victims/survivors of sexual assault, relationship violence, and stalking. CARE at SARC is always a resource for any victim/survivor, whether or not they choose to make a report.

To schedule an appointment, please call (858) 534-5793. CARE at SARC is also on-call 24 hours a day and on weekends throughout the year. To reach staff after hours and on weekends, please call (858) 534-HELP.

COUNSELING AND PSYCHOLOGICAL SERVICES

CAPS, or Counseling and Psychological Services, is the on-campus resource for student mental health services. Every quarter they run weekly workshops ranging in topics from relationships and sexuality to community and identity to self care and conflict management to careers. In addition, one-on-one appointments are available with counselors and psychiatrists.

CAPS Central Office is located in Galbraith Hall, room 190. To schedule an appointment, or in case of a psychological crisis, please call 24 hours a day: (858) 534-3755.

For drop-in group counseling, visit: https://caps.ucsd.edu/dropin.html

MINDFULNESS WORKSHOPS

This weekly drop-in workshop, run by CAPS, focuses on seven mindfulness practices to help you have more wellbeing & contentment in your life and less stress & anxiety. Each week will focus on a different mindfulness practice. Wear comfortable clothes!

Wednesdays (3:00-4:30 pm), weeks 2-10
Murray’s Place (2nd flr), Student Health Center

BE A WINTER UGIA (UNDERGRAD INSTRUCTIONAL APPRENTICE)!

Participating in a Psychology 195 Undergraduate Instructional Apprentice (UGIA) position provides students an opportunity to learn the methodologies of teaching and obtain teaching skills that can be utilized for graduate schools or in other professions.

Eligible students must be Psychology majors or minors with Upper Division standing and a minimum GPA of at least 3.0. You must have completed the course in which you wish to be a UGIA and should have earned at least an A-.

Interested students should contact Winter professors individually to discuss. Required paperwork is on the Psychology website; the Winter quarter UGIA deadline is December 1st.

RESEARCH ASSISTANTS NEEDED

Are you interested in a career in experimental or clinical psychology? Looking to get some experience outside the classroom? Curious about how psychological research is conducted?

Consider working as a PSYC 99/199 Research Assistant this year! Students enrolled in PSYC 99/199 learn how research programs are carried out through assisting in running subjects, collecting data, and evaluating data under the supervision of a faculty member or graduate student. Because students have a close working relationship with lab members, this experience can also contribute to stronger letters of recommendations from lab personnel. For more information, visit the Psychology website. Deadline: Friday of Week 2 of the quarter.
The Zone is a lounge for student well-being that offers free programs for students designed to promote healthy, balanced living. All programs are free and most are offered on a drop-in basis. Students are encouraged to work toward a CCR-certified Well-Being Award for participating in Zone events.

Are you an entrepreneur in the making? You may be interested in joining The Basement. The Basement's student-centric mission is to stimulate, encourage and serve the entrepreneurial spirit of UC San Diego students by providing a co-work and incubation space. As a shared campus-wide enterprise managed by Alumni and Community Engagement, The Basement is part of a collective comprised of campus partners, alumni leaders, Alumni and Community Engagement and Career and Professional Development staff.